

Central
Remedial
Clinic

Adults

Guide to Entitlements and Supports



Compiled by
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ADULTS GUIDE TO ENTITLEMENTS AND SUPPORTS 2008

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Introduction

Welcome, this booklet highlights the supports and services available to adults with a physical disability.

The social work department is concerned that all adults attending services in the CRC are aware of their rights to entitlements and how to access the support services that are available. This booklet brings together information on these topics.

Every effort has been made to ensure the accuracy of the information included.

Any changes or updates will be included in the CRC website www.crc.ie

In addition to the written information in this booklet please feel free to discuss these issues with your social worker to or ring the social work department on Tel: 01 8542333

I hope that you find the information useful.

Geraldine Prunty

Principal Social Worker





Disability Allowance

Disability Allowance

This is a weekly payment to people with a disability who are not in full time employment. To apply you must be aged between 16 and 65 years. Your doctor is asked to provide details of your disability and your income is assessed.

The maximum weekly payment is €197.80. If you have dependent children you may also claim an additional weekly payment of €24 per child (2008).

Persons for whom the Domiciliary Care Allowance is being paid will automatically be invited to apply for the Disability Allowance when they turn 16 years.

Work Supports

Rehabilitative:

You can work and have the first €120 of your weekly earnings disregarded as means if the work is considered to be of a rehabilitative nature. The number of hours you work is not taken into account. The first €120 you earn is not regarded as means and 50% of your earnings between €120 and €350 euro will also be disregarded. Your weekly disability allowance is reduced accordingly. Your doctor will be asked to confirm that the work is of a rehabilitative nature.

Back to Work Allowance (BTWA)

If you are getting Disability Allowance for at least 15 months (12 months if aged 50 or over) and return to the workforce you may be eligible to transfer onto the Back to Work Allowance.

This means that if you take up a job you will continue to be paid 75% of your Disability Allowance rate for the first year, 50% for the second year, and 25% for the third year. You should apply for BTWA before commencing employment.



Disability Allowance

Employment Supports

There are supports that allow you to take up approved further education or training without this affecting your Disability Allowance.

They are detailed below:

Back to Education Allowance

This payment covers both second and third level approved courses.

To get this payment you must be:

- Age 18 or over
- Getting Disability Allowance for at least 6 months for the second level option or 12 months for the third level option, and -
- Attending an approved full-time second or third level course at a recognised school or college.

While doing the course, you will get the maximum rate of Disability Allowance and can keep any secondary benefits you already have. You can have any other income such as earnings from part-time or holiday work without it affecting your payment. However, any Rent or Mortgage Interest Supplement that you are getting will be affected. You should contact your Community Welfare Officer to see if this is the case.

Vocational Training Opportunities Scheme (VTOS)

This Scheme is operated through local V.E.C.'s. The courses can last up to two years and can lead to the Junior Certificate, Leaving Certificate, Post Leaving Certificate and to City and Guilds Certificates. To take part you must be aged 21 or over and getting Disability Allowance for at least 6 months.

Under this scheme, you will get the maximum rate of Disability Allowance and you keep any secondary benefits you already have such as Free Travel or Fuel Allowance. As the VTOS is not means-tested, you can work without it affecting your payments. However, any Rent or Mortgage Interest Supplement you are getting will be affected by any additional income.

For further information contact your local Social Welfare Office.

Disability Allowance

Vocational Training

If you take part in vocational training, you can get a training allowance from FÁS instead of your Disability Allowance. This is equivalent to the maximum personal rate of Disability Allowance.

You may also continue to qualify for:

- Household Benefits Package
- Free Travel
- Rent or Mortgage Interest Supplement
- Increase for a Qualified Adult
- Qualified Child
- Living Alone Increase
- Fuel Allowance
- You may also receive a Training Bonus.

If you are unable to continue the training course, you will automatically start getting Disability Allowance again.

Contact your local FÁS Office for further details.

Application forms for the Disability Allowance are available from the Social Work Department, CRC and the Disability Allowance Section, Government Buildings, Ballinalee Road, Longford, Tel. 01 7043948/ 043 45211.





Household Benefits Package

If you are receiving the Disability Allowance you will qualify for the household benefits package.

The package includes:

- **An Electricity or Natural Gas or Bottled Gas Refill Allowance**
&
- **A Free Television Licence**
&
- **A Telephone Allowance**

The Electricity or Gas Allowance provides you with a number of free electricity or gas units a year and covers normal standing charges.

The Telephone Allowance scheme provides a payment towards your telephone bill. The value of the allowance is €24.70 per month.

The telephone allowance may be paid in respect of either a landline or a mobile phone.

Application forms are available from the Social Work Department, CRC and from the Household Benefits Package, Department of Social Community and Family Affairs, College Road, Sligo, Tel. 071 4837101/ 01 7043371.





Free Travel and Companion Pass

- Everyone awarded the Disability Allowance is entitled to a Free Travel Pass. With this pass you can travel for free on all public transport e.g. Trains, Dublin Bus, Dart, Luas and on a limited number of private transport companies.
- The Free Travel Pass also entitles your spouse/partner to travel for free in your company.
- You may also qualify for a Free Travel Companion Pass that entitles you to have a companion aged 16 or over accompany you when travelling.
- Free Travel is also available on Cross-Border bus and rail journeys between the Republic of Ireland and Northern Ireland.

Application forms for Free Travel are available from:
Free Travel Section,
Pension Services Office, College Road, Sligo.
Tel: (071) 9148354, (071) 9169800, (01) 7043000,
LoCall Leaflet Line Tel: 1890 20 23 25
and from the Social Work Department CRC.





Living Alone Allowance

If you are receiving the **Disability Allowance** and **live alone** you will qualify for the Living Alone Allowance. The Living Alone Allowance is a weekly payment of €7.70.

To claim the allowance you need to fill out an application form.

Application forms are available from the Social Work Department or from your local Social Welfare Office or Department's LoCall Leaflet Request Line at Tel: 1890 20 23 25 .

Mobility Allowance

This is a monthly allowance from the Health Services Executive to people who are **wheelchair dependent**. The Allowance is aimed at covering the cost of taxi journeys etc. To apply for the allowance you must be over 16 years and satisfy a means test. Typically a person with no income other than the Disability Allowance would qualify.

The maximum payment is €202 a month and there is a reduced payment of €101 per month for those benefiting from the Revenue's 'Disabled Drivers Disabled Passengers Scheme'.

Since 1 July 2002, if you are in receipt of the Mobility Allowance and apply for and are awarded a Motorised Transport Grant from the HSE you will no longer receive the Mobility Allowance until three years after the date of payment of the Motorised Transport Grant.

Application forms are available from your local Health Services Executive, Local Health Office, HSE Infoline Tel: 1850 241 850 and from the Social Work Department in the CRC.



Illness Benefit

This benefit is aimed at supporting people who have left the workforce because of disability or illness.

Illness Benefit has replaced the payment previously known as Disability Benefit.

Illness benefit is paid to persons incapable of work because of illness or injury who are under 66 years of age and have enough social insurance contributions (PRSI).

The current weekly maximum payment is (2008)

Illness Benefit	€197.80
Qualified Adult Allowance	€131.30
Child Dependent	€24.00

Application forms are only available from your GP and you then return the completed form to your local Social Welfare Office.

**Further information available from Illness Benefit Section
Telephone: (01) 679 7777 or www.welfare.ie.**



Medical Cards

Medical Card

The Health Services Executive (HSE) administers and provides medical cards. Medical cardholders are entitled to a range of health services free of charge. These include, doctors, drugs and hospital services.

Most people have to have means below a certain limit in order to qualify. Your income after income tax and PRSI is deducted is assessed

Deductions are also made for your rent or mortgage costs, childcare expenses and travel to work expenses. You are also given an allowance for each of your dependent children. This allowance is then deducted from your income for the purposes of assessment of your means. Persons with an income such as the One-Parent Family Payment, Carers Allowance, amongst others are regarded as being eligible for a medical card.

Where a person may not ordinarily be entitled to a medical card the HSE have some flexibility awarding the card in exceptional circumstances e.g. where there are large medical expenses.

GP Visit Card

A GP Visit Card entitles you to visit your Family Doctor free of charge. It is administered by the HSE and is means tested. The income guidelines for GP visit card are higher than for the Medical Card. It does not cover the cost of prescribed drugs, medicines and other health services.

Anyone can apply for a GP Visit Card - families, single people, even those working full time. In order to apply for a GP Visit Card, you must be ordinarily resident in Ireland. That is, you must be currently living in Ireland and intend to continue to live here for a year.

To apply for a GP Visit Card, you use the same application form as that for a medical card. While your GP Visit Card application is being processed, the HSE will also assess your entitlement for a full medical card.

Application forms and full guidelines are available from your Health Services Executive (HSE), Health Centre, HSE Info line Tel:1850 241 850 and from the Social Work Dept. C.R.C.



HSE Income Guidelines for Medical and GP Visit Cards 2008

To qualify your weekly income is assessed.

Any income tax and PRSI you pay is deducted from your weekly income for the purpose of the assessment for eligibility for the medical card or GP visit card.

Deductions are also made for your rent or mortgage costs, childcare expenses and travel to work expenses. You are also given an allowance for each of your dependent children.

To qualify you can have a weekly income up to the amount listed below after income tax and PRSI, deductions and other relevant expenses are taken into account.

2008	Medical Card Rate per week	GP Visit Card Rate per week
Single person living alone aged up to 65 years.	€ 184.00	€ 276.00
Single person living with family aged up to 65 years.	€ 164.00	€ 246.00
Married couple & Single parent with dependent children aged up to 65 years	€ 266.50	€ 400.00

Application forms and full guidelines are available from your Health Services Executive (HSE), Health Center, HSE Infoline Tel: 1850 241 850 and from the Social Work Dept. C.R.C.



Long Term Illness & Disability Scheme

Children and adults with certain conditions can apply to join the Long Illness and Disability Scheme and you will be given a LTI book. This book allows you to get drugs, medicines, medical and surgical appliances directly related to the treatment of your illness or disability, free of charge. This scheme is not means tested but is dependent on your doctor confirming you have one of the following:

- * Phenylketonuria
- * Cystic Fibrosis
- * Hydrocephalus
- * Cerebral Palsy
- * Diabetes Mellitus
- * Multiple Sclerosis
- * Mental Handicap
- * Mental Illness (for persons under 16 years only)
- * Parkinsonism
- * Spina Bifida
- * Haemophilia
- * Epilepsy
- * Diabetes Insipidus
- * Acute Leukaemia
- * Muscular Dystrophies

If a Medical Card has already been issued it may not be necessary to apply for the long-term illness card. Further information and application forms are available from your Health Services Executive (HSE), Local Health Office, HSE Info line 1850 241 850 and from the Social Work Dept. C.R.C.



Drugs Payment Scheme

Under the Drugs Payment Scheme an individual or family only has to pay a maximum amount monthly for all approved prescribed drugs, medicines and appliances for use by that person or his/her family in that month.

Family expenditure covers the nominated adult, his or her spouse/partner, children under 18 years or under 23 years in full time education. Adults with a disability who are unable to fully maintain themselves may be included in the family expenditure.

The current maximum monthly rate is €90 per calendar month (2008).

Registration forms for the scheme are available from your Pharmacy or Health Services Executive (HSE), Local Health Office, HSE Info line Tel: 1850 241 850.





Health /Medical Expenses Relief (MED 1 & 2)

Most of us have medical bills. Some of these bills are covered by health insurance or by the HSE, some are not. Most medical bills and prescription charges you pay can be claimed as a tax relief.

You may claim tax relief for expenses incurred by yourself and for your spouse and for your dependent child and for a dependent relative.

To apply fill in the revenue form **MED 1** and they will send you a refund. Most medical expenses, with the exception of routine dental and ophthalmic treatments qualify for relief.

Expenses include:

- Cost of doctor's and consultant's visits
- Certain items prescribed by a doctor or consultant
- Cost of Speech and Language Therapy for a qualifying child
- Cost of Educational Psychological Assessment for a qualifying child
- Transport by ambulance
- Specialised dental treatment
- Kidney patient's expenses

Where prescribed by a doctor includes:

- Drugs and medicines
- Diagnostic procedures
- Orthoptic or similar treatments
- Hearing Aid
- Orthopaedic bed/chair
- Wheelchair/Wheelchair lift
- Engaging a qualified nurse in the case of a serious illness
- Physiotherapy or similar treatment
- Cost of a computer where it is necessary to alleviate communication problems of a severely disabled person
- Cost of gluten free foods for coeliacs.
- Glucometer machine for a diabetic

Full details and application forms are available from

The Revenue Information Dublin Region Tel: 1890 33 34 25,

East & South East Region Tel: 1890 44 44 25, Home page: www.revenue.ie



Support Allowances

Diet Supplement

If a Dietician, Hospital Consultant or Registrar has prescribed for you, your spouse or child a special diet, it may be possible to claim an allowance from the Health Services Executive towards the cost of the special diet. This is a means tested payment.

Diets Covered	Allowance	Allowance
Diet	Adult Rate* 2008	Child Rate 2008
Low Lactose, Milk Free	€65.43	€3.50
Gluten Free	€68.43	€6.50
High Protein, High Calorie	€71.43	€9.50
Altered Consistance (liquidised)	€74.93	€13.00

* less a proportion of the applicant's weekly income.

Further information and application forms are available from your Community Welfare Officer based in your local Health Services Executive Board, Local Health Centre, HSE Info line Tel: 1850 241 850.





Support

Heating Needs Allowance

If because of illness or disability you have extra heating costs you may qualify for a heating allowance from the Health Services Executive. Qualifying for the allowance is subject to an assessment of your income.

Further information and application forms are available from your Community Welfare Officer based in your local Health Services Executive, Local Health Centre, HSE Info line 1850241 850.

National Fuel Scheme

This is a weekly payment towards the cost of heating your home from the end of September to mid April.

The allowance is subject to being in receipt of a qualifying payment including Disability Allowance, One-Parent Family Payment, & Long-term Jobseekers Allowance and satisfying a means test.

You ought to qualify if you are receiving the Disability Allowance and:

- live alone
- or live only with a dependent spouse/ children
- or live with a person who is giving you fulltime care and attention

The weekly payment is €18 per week, if you live in an area where only smoke-free fuel is allowed you will receive an additional €3.90 (2008).

To apply contact the Social Welfare Department that pays you allowance e.g. Disability Allowance Section and ask them to send you an application form.



Local Services

As well as financial support there are organisations that offer support and services. This section looks at some of the services that may be available in your area. Contact telephone numbers are listed.

The unfortunate reality is that generally there is greater demand for services than there is supply and many of the agencies are forced to operate waiting lists.

Home Help

A home help is a person who comes to your home to help with activities of daily living. The type of work a home help generally does include, light cleaning, some shopping, cooking and laundry. While a home help generally assists with normal household tasks, sometimes they may also help with personal care. The service is generally free to medical card holders, others may be asked to make a contribution to the cost of the service.

You can apply for a home help or ask your family doctor, public health nurse, or social worker to do so for you. The Health Services Executive employ home helps and they are allocated on the basis of need.

To find out more about the Home Help Service in your area contact the Home Help Manager/Care Organiser in your local Health Centre Local Health Centre, HSE Info line 1850 241 850.

Public Health Nurses

Public Health Nurses provide nursing services to people in their own homes. They are based in local HSE Health Centres. They help with such matters as dressings, support and advice around continence matters, diet etc.

You may be referred to your local public health nurse by your family doctor (G.P.), or you may contact the service yourself at your local HSE Health Centre, HSE Info line Tel: 1850 241 850.



Occupational Therapists

Occupational Therapists are employed by Health Services Executive to work with people with disabilities to help them achieve maximum independence. The Occupational Therapist looks at areas such as dressing, eating, bathing, mobility etc.

An Occupational Therapist can advise you on appliances and adaptations that may be helpful. The Occupational Therapist will then arrange for the Health Services Executive to supply you with the appropriate aids and appliances.

Most areas have waiting list for occupational therapy services and operate a priority system.

To access this service you can contact the Occupational Therapy Department directly in your local center or ask your public health nurse, G.P. or hospital to make a referral on your behalf.

Social Work

The Social Work Department in the CRC aims to support adults attending services in the CRC. The Social Workers provide information and support in the following areas:

- Counselling
- Entitlements
- Social Welfare
- Housing
- Respite Services
- Community Services
- Advocacy
- Support through any crisis that may arise

If you would like to meet with a C.R.C., Social Worker please ring Tel: 01 8542333.



What is Respite ?

People need breaks in different ways, at different times and for different periods of time.

A short break or respite care provides an opportunity to have a positive experience and break from your usual routine. Respite care can be provided in your home or in a setting away from home, such as a respite centre or holiday centre. Services are generally provided free of charge or at a nominal cost.

The pattern of breaks can change to allow for your changing needs. While most breaks are planned, emergency care is sometimes needed for example because of family illness.

What are the benefits of respite services?

For you:

- safe, quality, care
- opportunities for new experiences
- strengthens family relationships
- opportunities to socialise with people outside the family
- participation in community activities

For your carer (if you have one):

- opportunity for a break
- opportunity to spend time with other family members and friends
- participation in community activities
- support
- may provide options for care during crisis or emergencies

Services can be accessed by contacting the service directly, through your Social Worker or by contacting the Disability Services Manager in your local Health Services Executive.

Home Based Respite

Personal Assistance

What is a Personal Assistant?

A Personal Assistant is someone who provides assistance to a person with a disability in a variety of personal and household tasks. These tasks include:

- Personal care including; showering, bathing, toileting, transferring to bed, wheelchair etc.
- Shopping, writing, reading, telephoning
- Essential cooking, feeding and tidying laundry
- Social supports e.g. trips to shops, social events, outings etc.
- Occasional overnight/ weekend cover

The person with a disability works out the exact tasks he or she wants the Personal Assistant to perform. Some people with disabilities use a Personal Assistant to help at work or school.





Home Based Respite

Irish Wheelchair Association

This service is for adults aged 18- 65 years with physical and sensory disabilities.

For further information please contact Assisted Living Services, I.W.A. on Tel. 01 8186400, Áras Chúchulainn, Blackheath Drive, Clontarf, Dublin 3, and Email:info@iwa.ie, Homepage www.iwa.ie.

Centres For Independent Living

This organisation aim is to ensure that people with disabilities achieve Independent Living, choice and control over their lives and full participation in society as equal citizens. Part of the services provided by CIL is a Personal Assistance service. There are Centres of Independent living in different locations in the country.

Listed below are the Dublin Centres.

Centres for Independent Living HQ,

Carmichael House, North Brunswick St., Dublin 7,
Tel. 01 8730455 / 01 8730986

Blanchardstown CIL

7a Plato Business Park, Damastown, Dublin 15,
Tel: 01 8270609 Fax: 01 8270676, Email cilblanch@eircom.net

FADE CIL

Unit 5E, Fingal Bay Business Park, Balbriggan, Co. Dublin,
Tel: 01 8417685/8415994, Fax: 01 8415995, Email: fadecil@eircom.net

Dublin 7 CIL and ICTC (Inner City Travel Club)

MACRO Building, 1 Green Street, Dublin 7,
Tel. 01 873 7039 or ICTC. 01 8737038,
E-mail: dublin7@dublincil.org
and ictc@dublincil.org



Home Based Respite

Home Care Support Scheme

The Home Care Support Scheme (also known as a Home Care Support Package) provides packages of care to adults and children with disabilities living at home with the aim of supporting their care at home. A package of care is put together to suit individuals needs, often including home help, personal assistance, physiotherapy and occupational therapy.

The Home Care Support Scheme is administered by the HSE. Unfortunately this scheme is not as yet a national scheme and is not established in law.

Your local HSE, Disability Services Manger can advise you of availability in your area.

To apply contact your Public Health Nurse for an assessment of need, or your Local Health Office for further information on the Home Care Support Package and the application process involved. HSE InfoLine Tel: 1850 24 1850.

Rehab Care Home Based Respite Service

This service aims to meet the respite needs of clients, from babies up to adults who have a physical and/or sensory disability. The service provides home respite to individuals living with carers in their own homes. The service is based on flexibility and is designed to provide the following:

- Regular planned breaks e.g. a weekly service
- Occasional planned breaks e.g. a few hours, overnight, weekend or a weeks break
- Emergency or crisis intervention

The service is based on individual need and Home Support Workers are trained to assist support the client with a variety of activities such as personal care, meal preparation, household tasks social, leisure activities and community participation as required.

For further information please ring the Home Respite Manager on Tel: 01 2057361, Rehab Care, Roslyn Park, Beech Road, Sandymount, Dublin 4.

Home Based Respite

Carer's Association Home Respite Service

The Carer's Association Home Respite Service provides flexible and practical support to family carers in the home. Respite Workers will engage with the carer to help with caring duties such as moving and lifting, feeding and dressing. In some cases the Respite Workers will take over the caring duties completely, giving the carer a well earned break.

**For more information please contact,
The Carer's Association, Marion House,
The Rise, Blanchardstown, Co. Dublin, Tel: 01 8119564,
Email: carersblanchardstown@eircom.net**

**Also The Carer's Association,
Unit 3 Dolcan Mall, Tower Road,
Clondalkin, Dublin 22, Tel: 01 4670795,
Email: carersclondalkin@eircom.net**





Residential Respite

To avail of a break you can ring the agency directly and arrange a visit or discuss this with your Social Worker. Services vary as to their availability so it is best to ring them directly also they tend to book up quickly. If you have a specific date in mind early booking is advised.

In addition to these services, in times of crisis the Disability Services Manager in your local Health Services Executive may be able to organise an emergency break.

Respite Centres

Barrett Cheshire Home

Respite care is available in a single room in the main house. Care is provided by trained staff, including nursing services on a 24 hour basis.

Barrett Cheshire Home, 20/ 21 Herbert Street, Dublin 2.

Tel. (01) 676 0865.

Email: barreett@cheshire.ie Website: www.cheshire.ie.

Carmel Fallon Respite Centre

The Carmel Fallon Respite Centre was opened in 2004. It is a purpose built respite centre on the grounds of the Irish Wheelchair Association's headquarters in Clontarf. There are 6 single en-suite rooms with staff available 24 hours. The centre aims to provide holiday breaks in a homely environment with the necessary supports in place.

Carmel Fallon Respite Centre, Irish Wheelchair Association

Blackheath Drive, Clontarf, Dublin 3.

Tel: 01 8186458, Website: www.iwa.ie

Cheshire Ireland Newbridge Respite Center

This center opened in early 2008 and aims to provide respite care to adults with physical and sensory disabilities living in County Kildare, West Wicklow and parts of South Dublin.

This is a purpose built facility with five adapted apartments.

Referrals can be made through the HSE Disability Services Manager based in 2nd Floor, Beechouse, 101-102 Naas Business Park, Naas, Co. Kildare

Tel: (045) 907300.

The respite center is located at: Cheshire Ireland Newbridge, Respite Center, 356 Strandhouse Road, Newbridge, Co. Kildare Tel: (045) 446414/446415.





Residential Respite

Respite Centres

Cuan Aoibheann

Cuan Aoibheann is situated within the grounds on St. Mary's Hospital and offers two respite beds, one male one female, within their unit for young adults with disabilities.

For further information please contact:

Cuan Aoibheann, St. Mary's Hospital, Phoenix Park
Dublin 20, Tel: 01 625 0300.

Cuisle Holiday Centre

Cuisle is a fully accessible holiday centre, surrounded by beautiful countryside, located in the grounds of Donamon Castle nine miles outside off Roscommon Town. The centre offers 36 twin-bedded en-suite rooms, a bar and a large dining area. Cuisle guarantees you a warm welcome whether you choose to holiday on your own, with family or with friends.

Cuisle Holiday Centre, Irish Wheelchair Association,
Donamon, Co. Roscommon, Tel: (090) 6662277,
E-mail: cuisle@iwa.ie ,Website: www.iwa.ie.

Marymount Care Center

Marymount Care center has one respite bed within its facility.

It offers respite to adults with disabilities living in the HSE area Dublin North West (Finglas, Glasnevin, Blanchardstown, Mulhuddart, Ward, Cabra, Castleknock, Phibsboro).

The respite is offered in a private room with an en-suite accessible bathroom.

Referral to Marymount is through:

The HSE Disability Services Manager,
Dublin North West, Tel: 8825151.

Mary Mount Care Center,
Westmanstown, Lucan, Co. Dublin, Tel: 8204500.



Residential Respite Services

MS Care Centre

The MS Care Centre accepts applications from people with Multiple Sclerosis and other neurological conditions. The Centre is located in the popular Dublin suburb of Rathgar, on a quiet residential road, situated on its own grounds with a splendid view of the Dublin Mountains. For further details you can contact the, MS Care Centre, 65 Bushy Park Road, Rathgar, Dublin 6,
Tel: (01) 4906234, Email: mscare@ms-society.ie

Na Driseoga

This purpose built respite centre provides respite to adults with physical and sensory disabilities living in County Meath. It is a self contained unit, located on the Commons Road very near to Navan town centre.

The centre has a homely atmosphere. It has six bedrooms, three bathrooms and professional staff available to provide support.

Na Driseoga, Holiday and Respite House,
Commons Road, Navan, Co. Meath, Tel: (046) 9073285.

Solas Respite Centre

Solas Respite centre is located in Shillelagh a charming village 60 miles south of Dublin in the countryside of Co. Wicklow.

Solas Respite Centre, Ardeen Cheshire Home, Shillelagh, Co. Wicklow,
Tel: (055) 29465, Email: ardeenrespite@cheshire.ie Website: www.cheshire.ie

Tara Winthrop Private Clinic

Tara Winthrop offers respite to adults with disabilities living on the North Side of Dublin. The HSE fund a number of respite beds in this modern facility.

To avail of this service your Public Health Nurse can make a referral or the HSE Disability Manager for your area.

Tara Winthrop Private Clinic, Nevinstown Lane, Swords Co. Dublin.
Tel: (01) 8079631.

The Royal Hospital

There are two respite beds available , one male and one female within the Adult Disability Unit in the Royal Hospital.

For more information contact:

The Royal Hospital, Morehampton Road Donnybrook, Dublin 4,
Tel: (01) 406639, Email: medicaladmin@rhd.ie



Notes

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