

Swords Children's Disability Network Team Newsletter

December 2023



Message from the Children's Disability Network Team.

This is the Swords Children's Disability Network Team newsletter.

We hope all of you and your family are enjoying the run up to the holidays and new year. Please contact the team if you are experiencing difficulties, or with any queries, by emailing CDNTSwords@crc.ie.

We are conscious that there is a considerable waiting time to access services within the CDNT. We have included some additional resources and links which we hope will be of help in supporting you and your child. Depending on your circumstances or needs, some families have found these supports to be useful.

Supporting Holiday Fun & Reducing Holiday Stress

We know the holidays are an exciting time for some children and a more difficult time for others. We've compiled some online and community resources which you may find useful over the festive period.



The National Autistic Society have composed some tips that may be helpful around Christmas time for your family, regarding preparation, communication and the sensory environment.

<https://www.autism.org.uk/advice-andguidance/topics/leisure/christmas/tips>



Premier Sensory

are a non-profit company in Ireland that sell a small amount of sensory tools and other toys close to cost price.

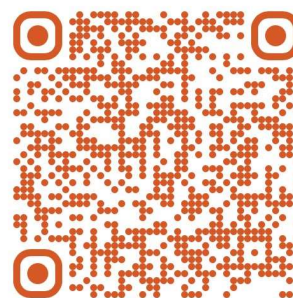


Neurodiversity Ireland



Dublin Airport

If you are travelling during the holidays, you may find this travel advice useful





Children's
Disability
Network
Team



Useful Information:

Family Forum Update

Our next Family Forum will be held in the New Year. The Family Forum is an opportunity for parents to contribute their ideas about the services our CDNT provides and discuss issues. Please send questions or topics you would like a focus on in the forum to CDNTSwords@crc.ie

Sara Ribeiro and Claire Fitzpatrick, the Swords CDNT Parent Representatives will be formally introduced to you during this meeting in conjunction with an external facilitator. Barbara Shinnars, Swords Children's Disability Network Manager will provide an update on the teams work since the last forum.

We look forward to seeing you in the New Year.

Correspondence

We are hoping to use email and CDNTSwords service text messages to link with families in the service more. If you have not done so already, we would appreciate if you would consider updating your email address with the team for future distribution of this letter or to receive updates from time to time.

Additionally, if you have any changes you need to inform us of such as change of address or school, please use the CDNTSwords@crc.ie email address so we can update your child's records or call us on 01 – 9682700. We thank everyone for their patience while we respond to your query as this can take a period of time.

Thank you for taking the time to read our newsletter.

We wish all families Safe Holidays & Happy New Year!

The Swords Children's Disability Network Team.



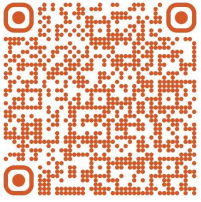
CDNTSwords@crc.ie

Community Resources

Sensory Friendly and Quiet Shopping

Many shops in the community have introduced sensory friendly shopping hours. Their websites have information on the times and days.

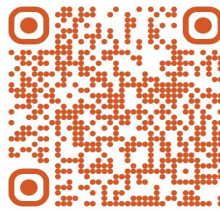
Supervalu



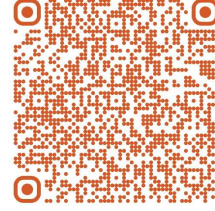
Penneys



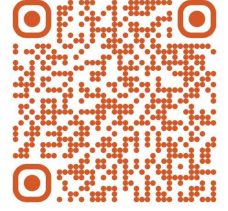
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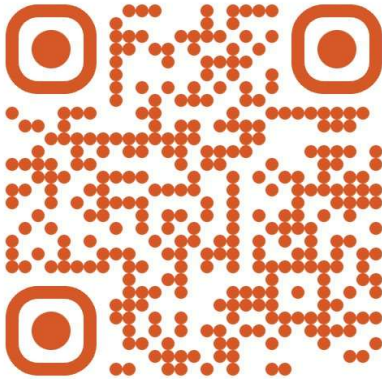


ODEON



Snowflakes

Families of Autistic Children



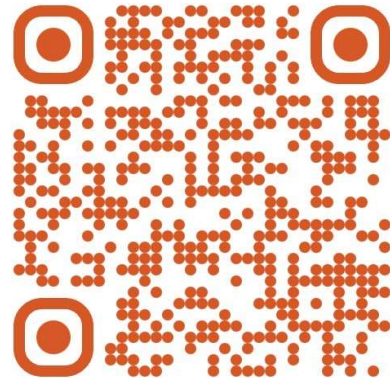
Swords



All ages

P.L.A.N.

Parent Led Autism Network



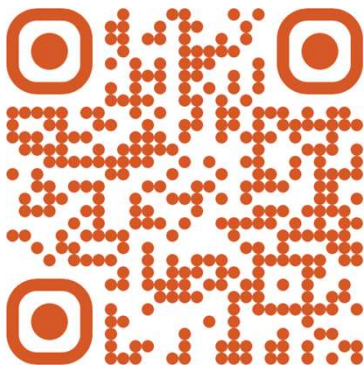
D5, 17, 13



All ages

Rare Ireland

Families of Children with Rare
Conditions



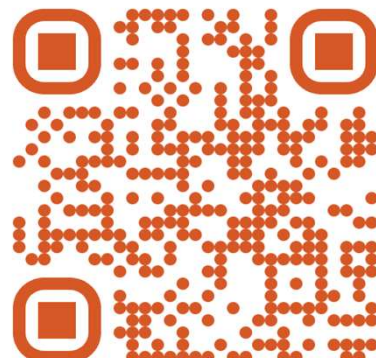
Online



All ages

Remember Us

Families of Children with
Additional Needs



Balbriggan



All ages



AsIAm



National



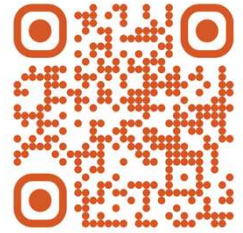
Autistic people of all ages

AsIAm have lovely information on festive events in Ireland that are Autism & sensory friendly.



You can Apply online for an AsIAm Autism ID card.

This can be useful for accessing accommodations in airports, theme parks, skipping queues etc.



For more info on AsIAm visit AsIAm.ie or



Mon – Thurs 10-3pm
0818 234 234



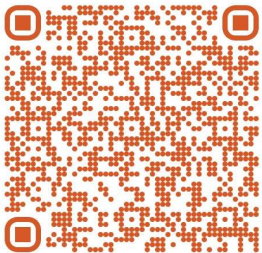
support@asiam.ie

Fingal Libraries



Swords, Donabate & Garristown

There are a range of Sensory and Assistive technology resources available that could be useful to try out.



Sensory Resources



eResources



Virtual Book Club



The BorrowBox App is free with Library Membership. Here you can access free Audio- and e-Books.

Looking after yourself:



**Family
Carers
Ireland**

No one should have to care alone

Family Carers Ireland

Supporting those who care for a family member across Ireland



National

You can learn more about FCI Supports at Familycarers.ie

You can apply to become a member here to access discounts & offers.



All ages



(01) 906 8897



dublinnorthcarersupports@familycarers.ie