



Clontarf CDNT

CHILDREN'S DISABILITY
NETWORK TEAM
WELCOME PACK

WELCOME!

TO OUR TEAM

We would like to take this opportunity to welcome you and your child into the Clontarf Children's Disability Network Team.

This welcome pack gives you a summary of the Clontarf Children's Disability Network Team and the services that will be available. It will also tell you about the members of the team.

We will work together with you and your child to support his or her needs

We hope that this information booklet will help you to understand how the service works and will give you a basis for a good working relationship with us.

We look forward to working with you and your child.

Elaine Doherty

Clontarf Children's Disability
Network Team Manager



Children's
Disability
Network
Team



CONTACT INFORMATION

CONTACT US



+353 1 8542200



cdntclontarf@crc.ie



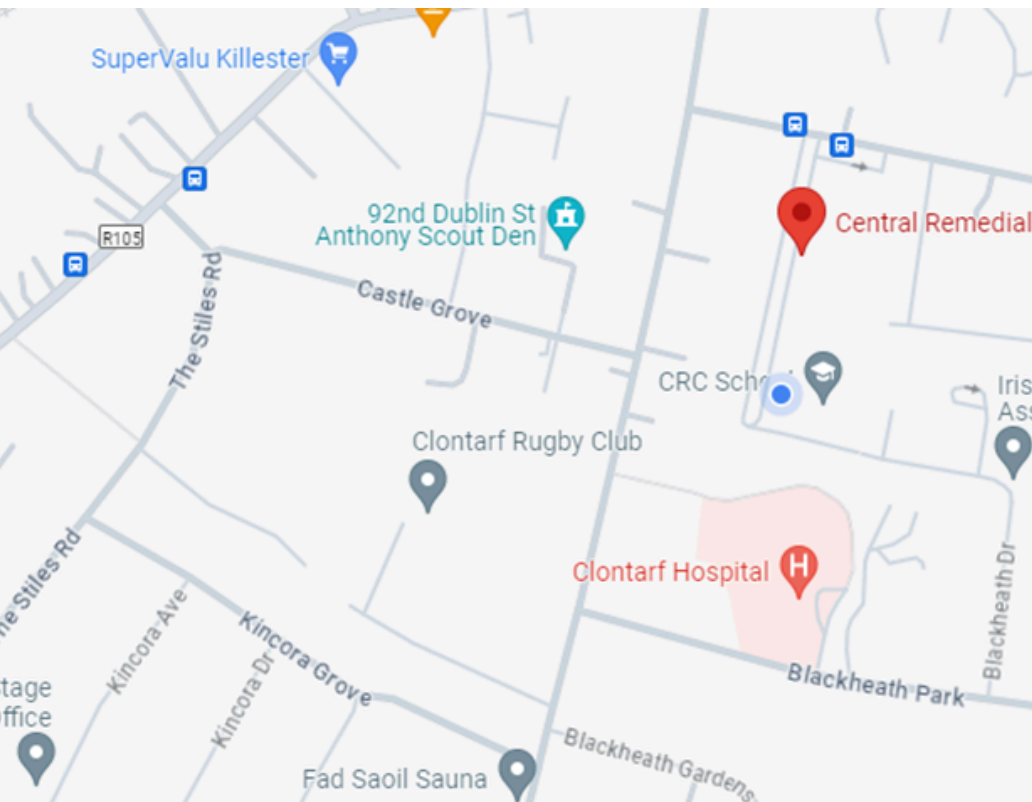
www.crc.ie

We welcome your feedback and should you wish to share your experience of our services please see www.crc.ie/have-your-say



We are located just off the Howth Road
after Killester Village.

There is limited free parking available
onsite



Central Remedial
Clinic,
Vernon Avenue,
Clontarf,
Dublin 3.
D03 R973

If you are in need of further
directions please contact us on
01-8542200

WHO WE ARE, WHAT WE DO

WHO ARE WE?

The Clontarf CDNT is a partnership between the Central Remedial Clinic (CRC) and the HSE.

We are a team of different healthcare disciplines, administration team and a manager.

WHAT DO WE DO?

We work with children who have complex disabilities. This means they require a team of clinicians to work on common goals to support their needs.

We work in line with the Progressing Disability Service for children and Young People Programme or 'PDS'.

More information on PDS is available here:
<https://www.hse.ie/eng/services/list/4/disability/progressing-disability/pds-programme/>

OUR SERVICE

Our way of working is called 'family-centered practice', where all relevant clinicians and your family work **together** to support your child's needs. This way of working follows Irish and international guidelines on how best to work with families.

We are a

Family-Centered Service

who offer

Goal-based Supports

through

Key Working

and

Interdisciplinary Working

FAMILY-CENTERED

This means that we work with your family to support your child to take part in daily life and activities. You know your child best and your family have the most important influence on your child's development.

Working in this way is very important to us



GOAL-BASED

We work together with you to identify priorities for your family right now. This is called an Individual Family Service Plan (IFSP).

This is how we plan what clinicians are involved at different times.



INTERDISCIPLINARY

All of the different clinicians work together as a team to reach common goals.

We may work with your child separately or together depending on what is needed at different times for your child.

OUR TEAM

There are many different disciplines on our team who work together to support families

TEAM MANAGER

Elaine Doherty

OCCUPATIONAL THERAPY (OT)

Support everyday living skills, sensory preferences and fine-motor skills

Kerryn Pollard

Alison Ahern

Aine Williams

Caoimhe Kelly

SOCIAL WORK

Support the whole family unit through practical support, advice & information

Deirdre Keegan

Lisa O'Grady

Fiona Rooney

PSYCHOLOGY

Support and assess cognition & behaviour

Mairi Crombie

Margaret Christie

Eve Timmons

(assistant)

DIETITIAN

Support management of nutritional problems

Obioma Ekweh

ADMINISTRATORS

Clodagh Clarke

Deirdre O'Dwyer

SPEECH & LANGUAGE THERAPY (SLT)

Support communication and feeding development

Amy O'Connor

Orla Breen

Freddy Tjale

Carolyn Hulbert

Ann Brophy

(assistant)

PHYSIOTHERAPY

Support physical development

Mairead Murphy

Juliet Dodd

Alisha Lila

Anne Dunne

(assistant)

Tracey Mulligan

(assistant)

OUR TEAM

Discipline roles explained

ADMINISTRATORS

The administrators on the team will often be your main point of contact with the team, as they manage the CDNT's email box and phone line. They will support your interactions with the wider team.

BEHAVIOUR SUPPORT SPECIALIST

A Behavioural specialist will support you and your child if there are concerns that your child's behaviour is having a negative effect on their participation in school life, home life or recreational activities. They have expertise in breaking down and analyzing behaviours and developing and implementing supports as part of the team.

CLINICAL NURSE

The nurse will assess the care needs of a child and develop nursing care pathways and prioritise cases within the scope of their nursing practice. They will also participate in team assessments across various settings (home, clinic, preschool, school, community).

DIETICIAN

Dietitians need to work closely with the family and other members of the children's disability team in the effective management of nutritional problems in children with disabilities.

FAMILY SUPPORT WORKERS

A family support worker assists and advises families experiencing short or long-term challenges. They work under the supervision of a Social Worker.

OCCUPATIONAL THERAPIST

An Occupational Therapist can help your child with gross motor skills and fine motor skills. Examples of gross motor skills would be holding their head up, crawling, or reaching. Fine motor skills include being able to use a spoon or hold a pencil. OTs also help with:

- Sleep
- Toileting
- Daily living skills - for example, becoming independent in dressing.
- Sensory integration - for example, difficulty with touch, managing crowded situations, or difficulty with foods in the mouth.

They can also source equipment your child might need to increase their ability to take part and engage in daily activities, for example a special seat, wheelchair, or bathing aid.

OUR TEAM

Discipline roles explained

PHYSIOTHERAPIST

A Physiotherapist will help support all aspects of your child's motor skills development. This includes helping your child to meet their motor milestones e.g., rolling, crawling, and walking, to the best of your child's abilities. They are involved with providing equipment to support your child's posture and mobility - for example, a walker.

PSYCHOLOGIST

A psychologist can help with many areas of your child's development. For example, they can help with managing change, dealing with emotions, managing behaviour, and your child's participation in school. Psychologists also carry out special assessments if there are concerns about your child's functional abilities. They also carry out assessments for access to specialized schools if these are needed.

SPEECH AND LANGUAGE THERAPISTS (SLT)

An SLT has expertise in understanding communication and the different ways people can express themselves. They also have expertise in feeding, eating, drinking and swallowing.

SOCIAL WORKER

A Social Worker will provide emotional and practical support to you, your child, and your family. This support ranges from helping you to come to terms with your child's diagnosis to offering practical support on housing or entitlement to benefits. A social worker will also help you to liaise with other HSE services - for example, respite services - and they'll also help you to advocate on behalf of your child.

THERAPY ASSISTANT

A therapy assistant works under the supervision and direction of a supervising therapist within CDNT. Their role includes clinical and administrative duties that support therapists on the team.

WHAT TO EXPECT

Getting to Know You Appointment

Your first appointment is where we begin to get to know you and your child. Typically, 2 members of the team will come to **your home or we will invite you and your child to the clinic**. We gather up-to-date information about your family and your child's development including meeting your child.

The Clinic



Individual Family Support Plan (IFSP) Meeting

An important part of our work with your family will be to complete an Individual Family Support Plan (IFSP). The focus is to pinpoint priority areas of support for your child at this moment in time.

What is an IFSP?

An Individual Family Support Plan (IFSP) is developed by you, your child (if they are old enough) and the members of the Children's Disability Network Team. It guides how the team is going to support you. It includes:

What's going well and what is going not so well at the moment?

What's important to you now?

What are our goals for the next 12 months?

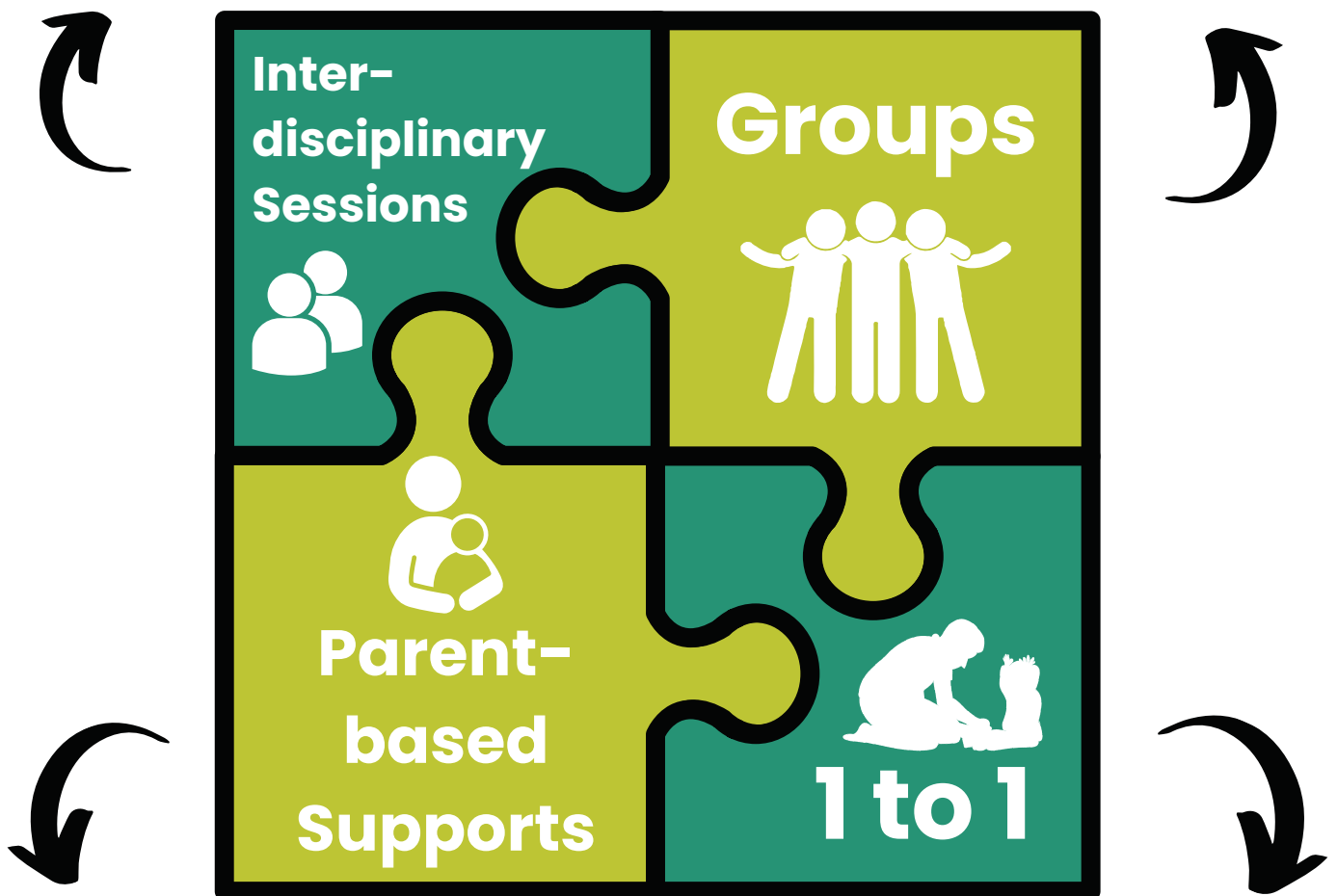
The IFSP can be reviewed and updated if your priorities have changed. It helps us explain how we are going to support your child with the resources we have available.

How we work with you and your child

We work with children in many different ways depending on their needs. Here are some examples of how we might support your family:

Some children benefit from sessions where 2 or more clinicians work with you and your child.

Some children with similar needs benefit from group sessions.



As a parent, **you know your child best.** You can make a significant impact on their development. We offer supports to help you maximise this impact.

Sometimes we work with you and your child on a one to one basis.

We work in multiple locations

Home

School

Our Clinic

We work with children at home, in school or in our clinic, depending on their needs and what suits your family best.

We link with outside agencies

Some children have other outside agencies involved in their care. We link with these agencies to ensure continuity of care for your child

Examples include:



We're looking forward to working with your family. However due to resources, there are regrettably wait times for our services.

We have developed a website with links to some resources that may be of benefit to your child until you meet with our team.



When an appointment comes available we will be in direct contact with you. Should you have further questions please contact us



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Children's
Disability
Network
Team

ONLINE RESOURCES

DUBLIN AND NORTH EAST

NOW AVAILABLE

Developed in partnership with St. Michael's
House Open Training CollegeOTC
OPEN TRAINING COLLEGE

TOPICS INCLUDE

- ★ Communication
- ★ Dressing and bathing
- ★ Handwriting
- ★ Eating and drinking
- ★ Toileting
- ★ Sleep
- ★ Sensory processing
- ★ Schools and education

RESOURCES
REVIEWED BY
CDNT CLINICIANSWEBINARS,
PODCASTS,
RESOURCE
PACKS, VIDEOSTOPICS BASED
ON IFSP GOAL
AREAS

To access these resources please email your name and email address to
cdntonlineresources@opentrainingcollege.com

By clicking this link you are giving us permission to use your email address to contact
 you and set up your online account

